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| **Name:** | Ali\* | **DOB:** | 22/11/2004 |
| **Address:** |  |
| **School:** |  | **Year Group:** | Year 10 |
| **Date of accident:** | Click here to enter a date. | **History of injury:** | Fall in the community (Fall from bike) |
| **Injury/injuries:** | Limbs | Pelvis/ Back | Head Injury | Other |
| None  | None | No | Abdominal injury |
| **Details:** | Ali\* has a significant spleen laceration (deep cut) with fluid around his pelvis and a small amount of air in tissues of his chest. His injuries do not require surgical intervention, but require ongoing monitoring from the surgical team at Royal Manchester Children’s Hospital.  |
| **Aftercare:** | **Plan:** |
| Has a dressing: Yes [ ] No[x]   | Will need to be changed at school: Yes [ ] No[x]  | N/A |
| Has a limb/ head support:Yes [ ] No[x]  | Type: None | N/A |
| Stitches:Yes[ ]  No[x]  | Type: N/A | N/A |
| **Medication:**  | May require some over the counter pain relief. |
| **Outpatient follow up:** | Ongoing support from the surgical team.  | **Appointment Date:** | Not yet confirmed |
| **Social:** | No change in social situation.  | **Emotional:** | Ali\* appears to be adapting well following his injury. He is eager to get back on his feet and back to normality.  |
| **Thinking Skills:** | Unchanged |
| **Walking Advice:** | walking independently | **Walking Aid:** | None  |
| **Walking short distances:** | Walking independently  | **Walking long distances:** | Walking independently, but requires rest breaks |
| **Comments:**  | While recovering from his injury, it is recommended Ali does not walk in crowded areas due to risk of further injury to his abdominal organs. |
| **Transferring:** | Independent  | **Additional comments:** N/A |
| **Stairs:** | Can go up and down a short flight of stairs independently A can get up and down stairs safely, but he will likely be uncomfortable and a bit slower as a result of his injuries.  |
| **Usual transport to/from school:** | Takes public bus  | **Will be able to continue to do this:**Yes [x] No[ ]  |
| **Details:** | Although Ali\* will be able to continue to take the bus it is not recommended he travels at busy time due to the risk of further injury in a crowded space. He will be able to get a lift to school most mornings, except Fridays. He is unable to get a lift home in the evening. **It is therefore recommended he leaves school 15-20 minutes early each afternoon to catch a quieter bus home.**  |
| **Eligibility for school transport:**  | Not eligible | **Application completed:**Yes[ ]  No[x]  |
| **Personal care/toilet:** | Accessing a standard toilet independently  | **Additional comments:** N/A |
| **Recommendations for school:** | Can return to school fulltime:Yes[x]  No [ ]   | **Individual advice:** * Ali\* should not walk in crowded spaces due to risk of further injury. It would be beneficial for him to have a hall pass and leave class 5 minutes before the crowd.
* Ali\* can go up/down stairs, but it is uncomfortable and tiring for him. If possible, it is recommended he has a lift pass while he is recovering from his injury.
* As Ali\* is returning to school 2 weeks after his injury he will not require a phased return, however, he may become fatigue during the school day and rest breaks may need to be incorporated while he is recovering.
* Ali\* should not carry any heavy items. Provisions will need to be in place to ensure he does not have to carry school books or a bag.
* Ali\* is medically stable and safe to return to school. He does not need to be off for medical reasons and needs to resume a normal routine immediately.
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| Lessons moved to ground floor [ ] Hall Pass [x] Lift Pass [x] Buddy System [x]   |
| **Recommendations for return to PE:** | Not able to participate in PE lessons for: 6-8 weeks  | Other: - Ali\* is not permitted to participate in contact sports at this time. -All recommendations will be under review in follow up clinic appointments with the surgical team and they will advise on when these restrictions can be removed.  |
| **Signed:** | Eve Kelleher | **Date:** | 16.08.2019  |
| **Key contacts:** | Eve Kelleher (School Re-integration Facilitator) 07 870 385 743 |
| Consent for fit note to be forwarded directly to SENCO and school nurse[x]  |